FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Forest Ronald J						2. Issuer Name and Ticker or Trading Symbol Matson, Inc. [MATX]									5. Relationship of Reporting Person(s) to Issue (Check all applicable) Director 10% Own			Owner
(Last) (First) (Middle) 1411 SAND ISLAND PARKWAY						3. Date of Earliest Transaction (Month/Day/Year) 08/01/2018									X Officer (give title below) Other (specify below) President			
(Street) HONOL			96819 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) <mark>X</mark> F F				
		Tabl	le I - Nor	n-Deriv	ative	Se	curiti	es Ac	quired,	Dis	posed o	f, or	Bene	eficia	lly Ov	ned		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution		on Date,	Code	Transaction Disposed Code (Instr. 5)		ities Acquired (A d Of (D) (Instr. 3,			d Sed Bei Ow	amount of curities neficially ned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount (A)		A) or D)	Price	Tra	oorted nsaction(s) str. 3 and 4)		(Instr. 4)
Common Stock 08/01/					/2018		S ⁽¹⁾		1,000)	D \$36		6 6	3,884.1952	D			
		Та	able II - D								sed of, onvertib				/ Own	ed		
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	n Date, Transactio Code (Inst		Instr.	of Deriv Secu Acqu (A) of Disp	osed) r. 3, 4	Expiration (Month/E	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount or Numbe of Title Shares		8. Price Derivati Security (Instr. 5)	e derivative	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

 $1.\ The sale of shares reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 15, 2018.$

<u>/s/ Ronald J. Forest</u> <u>08/01/2018</u>

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.