Form 144 Filer Information SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK0001206911Filer CCCXXXXXXXIs this a LIVE or TEST Filing?Is LIVE TESTSubmission Contact InformationIs this a Live of the second secon

Name Phone E-Mail Address

144: Issuer Information

Name of Issuer	Matson, Inc.
SEC File Number	001-34187
Address of Issuer	1411 SAND ISLAND PARKWAY Honolulu Hawaii 96819
Phone	808-848-1211
Name of Person for Whose Account the Securities are To Be Sold	COX MATTHEW J

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Relationship to Issuer Officer Director

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value			Securities
Common	Charles Schwab 3000 Schwab Way Westlake TX 76262	30000	2321961.00	35856547	06/30/2023	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this		Amount of Securities		Nature of Payment *
	-	Transaction			Acquired	Acquired	-	-

		Whom Acquired	a Gift?		
Common	01/25/2023 Executive Compensation	Issuer		30000	01/25/2023 Compensation

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
MATTHEW J. COX 1411 Sand Island Parkway Honolulu HI 96819	COMMON	05/01/2023	10000	659613.00
MATTHEW J. COX 1411 Sand Island Parkway, Honolulu, HI 96819	COMMON	05/31/2023	10000	698325.00

144: Remarks and Signature

Remarks	Full Account Title: M COX & D COX TTEE COX TRUST U/A DTD 05/11/2006
Date of Notice	06/30/2023
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	02/24/2023
ATTENTION:	

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date. Signature Matthew J. Cox

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)